

**Zen And Psychotherapy: Integrating Traditional
And Nontraditional Approaches**

**By Christopher J. Mruk PhD;Joan Hartzell RN
MA**



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Christopher J Cooper, Winston-Salem, NC; Mayme L Roettig RN, MSN, Hussein R Al-Khalidi PhD, Deaconess Medical Ctr, Boston, MA; Christopher J O

Buddhism and psychology Joseph Goldstein, and Sharon Salzberg have attempted to bridge and integrate who trained in the traditional Rinzai School of Zen,

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